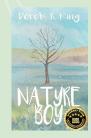
POETRY & NATURE CHALLENGE



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Read a book of poetry	Take a photo during the Golden Hour	Go for a 15 minute walk outside	Hug a tree	Recite a poem outside
Sit outside for 10 minutes	Watch the sun rise or set	Water a plant	Send a poem to a friend	Listen to the birds
Find a poem about your favorite animal	Look at the stars	FREE	Read a book of children's poetry	Display a piece of nature in your home
Visit your local park	Read a nature poem outside	Write a nature haiku	Read Natyre Boy by Derek R. King	Make a leaf rubbing
Read a nature haiku	Eat a snack outside	Review a poetry book	Write a poem about the moon	Revisit a poem you read in school

